

First Post Basic B.Sc Nursing Supplementary Examinations-June 2012

**NUTRITION & DIETETICS**

**Time: 2 Hours**

**Total Marks: 35**

- Answer all questions
- Draw diagrams wherever necessary

**Essay: (10)**

1. Mention the nutritional problems in India and discuss the current national nutritional programmes.

**Short notes: (5x3=15)**

2. Advantages of breast feeding.
3. Principles of dietary management in obesity.
4. List down the foods to be included and avoided by a diabetic patient.
5. Proteins and its classification.
6. Principles of menu planning.

**Answer briefly: (5x2=10)**

7. Health. – Define Health
8. List down the methods of cooking.
9. Anemia- Natural causes of anemia
10. Define malnutrition.
11. Any two properties of fats.

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